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*A New Beginning*

**STEWARDSHIP  
REPORT 2020/2021**

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Empowering Marriages, Strengthening Families

## FOUNDERS' THANKSGIVING

Bridging Hearts (BH) was birthed on 17 Sep '20. As “parents” of this “newborn”, amid being both excited and apprehensive, we witnessed how God delivered!

We are grateful and give glory to God for these 3 groups of people who have contributed to BH's growth the past year:

- **Our BH Marriage Mentor couples** – these are the amazing like-minded couples who share our heartbeat and work tirelessly to mentor couples (including aspiring marriage mentors), develop courseware, and deliver our Marriage Preparation Course and Marriage Enrichment Programme.
- **Pastors from our Partner-Churches** – the pastors believe in our mission and journey with us to bring our programmes to their leaders and members.
- **Our Generous Supporters** – they provided fundings to support the operations, allowed us free use of training facilities and advocated for BH to their friends and loved ones.

*“To Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be the glory” Ephesians 3:20-21*

**Nam Seng & Sok Mian**

**James & Katherine**

## OUR PURPOSE

*Empower Marriages, Strengthen Families*

## KEY METRICS & FINANCIALS

Number of Marriage-Mentor Couples Trained

**206 +96% YOY**

Number of Couples Mentored

**>900**

Number of Bridging Hearts' MM Couples

**22 +100% YOY**

Number of Partner-Churches

**12 +140% YOY**

\*YOY = Year-on-Year

Income (SGD)

- 51% Donations
- 49% Programme fees

**44,220**

Expenses (SGD)

- 66% Programme costs
- 22% Admin
- 12% Others

**(20,243)**

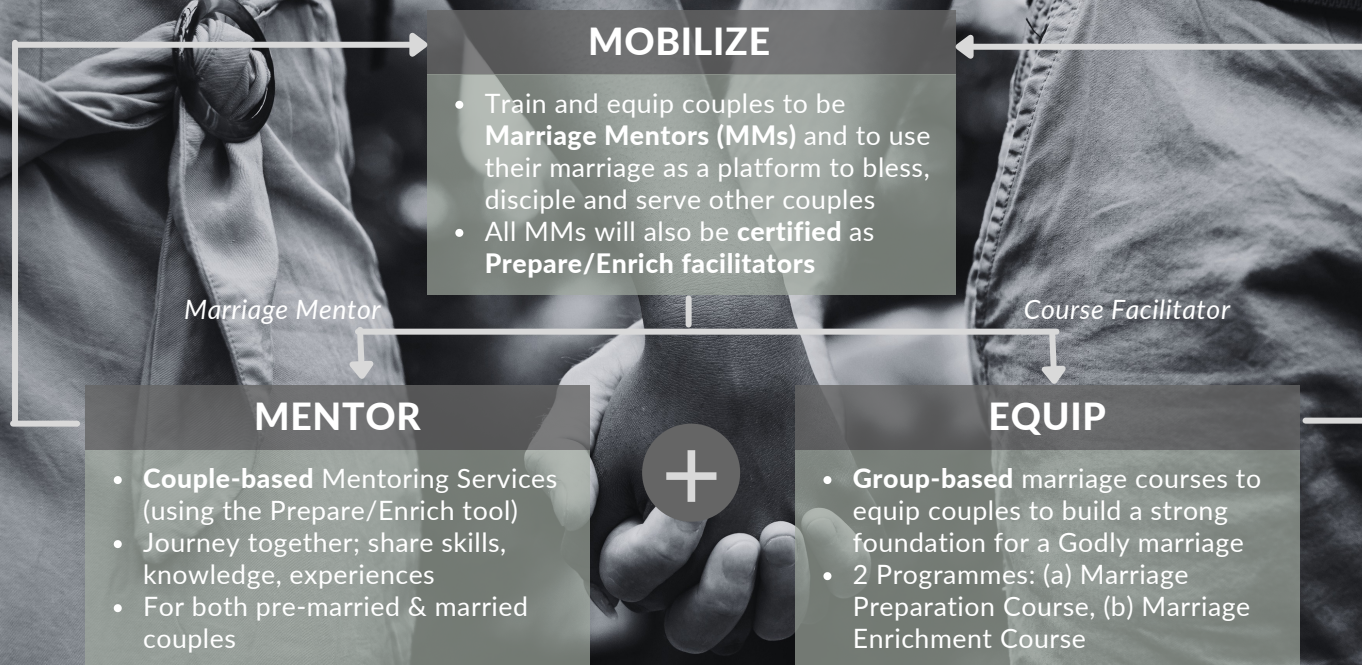
Surplus (SGD)

**23,977**

\*Pre-audited



## MENTOR-EQUIP-MOBILIZE (MEM) MODEL



## OUR STRATEGY

1. Champion couples-discipling-couples
2. Partner churches to equip & mobilize their teams of MMs

## OUR PARTNER-CHURCHES



**COVENANT** EFC



## MM TRAINING OBJECTIVES & PROCESS

The Marriage Mentor Training (MMT) course aims to equip and enable married couples with the skills and confidence to become effective Marriage Mentors. The course is delivered in 2 parts and has the following objectives:

- Understand and apply basic mentoring skills to mentor couples
- Understand common issues that cause conflicts in marriages
- Apply biblical principles and values to help couples
- Administer and use the **Prepare/Enrich** assessment tool to mentor couples

### PART 1

- Mentoring by Bridging Hearts' Marriage Mentors using the Prepare/Enrich Assessment tool
- Average - 3-5 sessions

### PART 2

- Online cum in-person course to transfer skills & knowledge to be effective mentors, and certified Prepare/Enrich facilitators



*...very accepting,  
non-judgemental &  
embrace us for who  
we are*

The Marriage Mentors from Bridging Hearts were very instrumental in helping us to open up. I had for years wondered if we could ever deal with some of the issues successfully. Most times when one of us did, it would cause the other to erupt but they taught us ways that would cause us to be mindful of the other. They were both very accepting, non-judgmental and embraced us for who we are. And for that it created a safe space for us to open up, speak on issues that we had never spoken about with each other nor with others and allowed us to see the blind spots that we each had. For that we are both tremendously grateful.

*Benjamin & Angelina, City Harvest Church*



*...so blessed to have  
such God-fearing  
mentors in our  
marriage journey*

The Marriage Mentors from Bridging Hearts were very experienced, great listeners and their expertise in mentoring couples are so tangible and impactful. They were able to draw out concerns without hurting us in the relationships. They allowed both of us a voice and facilitated mutual respect and honouring throughout the mentoring process. They were very humble, encouraging and demonstrated such agape love that overwhelms us in this journey with them. We were so blessed to have such God-fearing mentors in our marriage journey. Both complemented each other so much and the mentoring process was so seamless, each bringing their valuable insights at the right time.

*Peter and Lily, Kingdomcity Singapore*



## MARRIAGE ENRICHMENT PROGRAMME

The Marriage Enrichment Programme is for married couples who want to intentionally invest in their relationship - so that they can **rekindle their love and enjoy their marriage journey** as God has designed. The course provides practical handles on how to address specific challenges, as well as skills and knowledge on how to navigate couple-roles and responsibilities as they transition through different marriage and life stages.

To cater to the busy working professionals, the course is programmed into 3 modules, each with its own specific theme of focus.

### MODULE 2

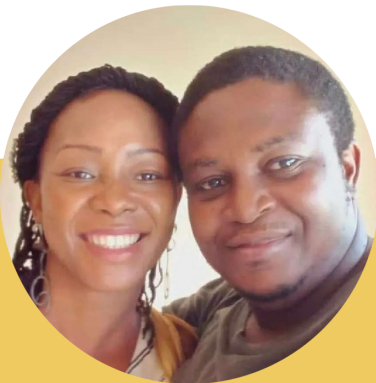
- Theme - Sharpening Our Marriage Skills Together
- 3 Sessions

### MODULE 3

- Theme - Renewing our Marriage Union
- 3 Sessions

### MODULE 1

- Theme - Letting Go of Our Past
- 4 Sessions



*...immensely enhanced our relationship beyond looking to achieve happiness for ourselves...*

With 3 boys at home, it became increasingly difficult to find the time and space to have personal conversations as a couple. Our personal matters had been relegated to the background and the children had become top priority. Though we have so much love at home, there was no clarity or certainty how our dreams aligned, which had culminated into lots of assumptions, some unhealthy.

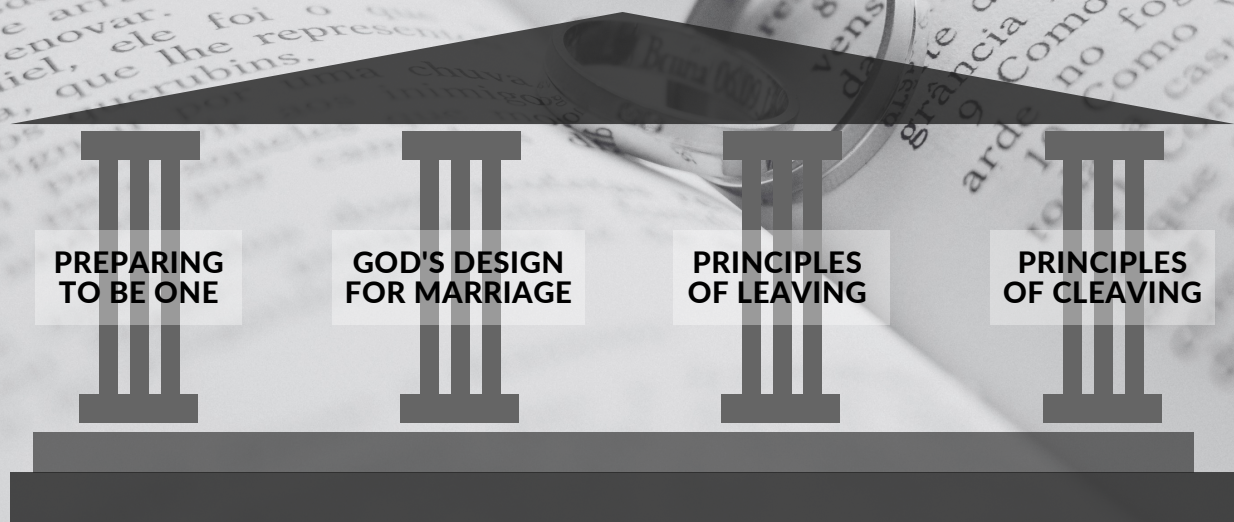
The 'Heart to Heart Talk' chapter taught us how to conscientiously make time out of our daily activities for just the two of us to talk openly about how we individually see the same thing from different spheres. This rippled in the way we communicate with ourselves without holding back or any prejudice. This Marriage Enrichment Class has immensely enhanced our relationship beyond looking to achieve happiness for ourselves, but we are resolved to see and enjoy the joy of marriage as we steer through the many troughs of the maze of our marriage.

*Carl & Lovia Rhule, Hope Accra, Ghana*

## MARRIAGE PREPARATION COURSE (MPC)

The objective of this course is to **prepare courting couples for a lifelong marriage**, based on God's design. The foundation of the course is based on Christian beliefs, and the principles and practices are applicable for every relationship and marriage. Whilst the content is geared primarily for pre-marital couples, it is also relevant and useful for newly weds or couples within the first 3 years of their marriage.

The course is centered on the **4 Pillars of Marriage**:



*Every session was very interesting and fruitful, with good exchange of knowledge and laughter too!*

I [Garry] used to be skeptical about marriage preparation course when I was younger as I thought this was unnecessary, since as a couple, we should be “ready” before tying the knot. Never did I realize that there is so much to learn in maintaining a healthy relationship. Attending the Marriage Preparation Course at Bridging Hearts was the best investment we’ve made as we embarked on our marital journey.

The course had taught us many things and handles in working towards a blissful relationship and marriage. Every session was very interesting and fruitful, with good exchange of knowledge and laughter too. Real life examples were often shared which we can relate very easily. Through the course, we learnt to see things from different perspectives. We have benefitted so much as a couple and as an individual from this course and only hope that many more couples will be able to experience the goodness from this!

Garry & Cindy, Hope Singapore





# Looking Ahead

For the coming year, we will continue to build on the foundations that God has helped established, by focusing our efforts on 3 fronts:

## **Deepen Our Existing Partnerships**

We will work with our existing church-partners to: (a) grow their teams of marriage mentors to serve their own members, (b) leverage our marriage preparation and marriage enrichment programmes for their members.

## **Develop New Partnerships**

We will continue to champion and promote marriage mentoring by onboarding more partner-churches as well as exploring new forms of partnerships, eg. Focus on the Family, Fei Yue Community Services.

## **Strengthen Our MM Community**

To ensure that our Marriage Mentors (MMs) are effective models to mentee-couples, we will continue to engage, encourage and upskill our MMs.

### **Bridging Hearts Limited**

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*Bridging Hearts is a faith-based, non-profit organization*



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