

GREAT IS HIS FAITHFULNESS

STEWARDSHIP REPORT 2021/2022



FOUNDERS' THANKSGIVING

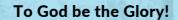
"Great is His Faithfulness" aptly sums up the year for Bridging Hearts (BH). We are awe-filled with gratitude to our amazing God who continues to bless, favor and provide for BH, and who establishes the works of our hands.

Top of our list is our amazing group of BH Marriage Mentors (BH MMs) whom God has blessed BH with. These couples share our passion and purpose - to empower marriages and strengthen families for the generations!

Our BH MMs share their love, energy, and stories and humbly partner God to:

- Speak life and hope into couples' marital relationships through marriage mentoring,
- **Serve the churches** by helping to mentor teams of aspiring MMs for the church,
- Impact the community by mentoring soon-towed couples and newly-weds.

We hope you will be inspired and blessed by the stories of impacted marriages in the following pages of this Stewardship Report.





Nam Seng & Sok Mian Hope Singapore

OY = Year-on-Year

James & Katherine Trinity CC



KEY METRICS & FINANCIALS

Number of Bridging Hearts' MM Couples

26 +18% yor

Number of Marriage-Mentor Couples Trained

220 +16% yoy

Number of Partner-Churches

 $16 + 33\%_{YOY}$

Number of Couples Mentored

>1000

Income (SGD '000)

• 58% Donations

• 42% Programme fees

41.43

Expenses (SGD '000)

• 61% Programme costs

• 24% Admin

15% Others

(20.52)

Surplus (SGD '000)

20.91

*Pre-audited

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OUR PURPOSE

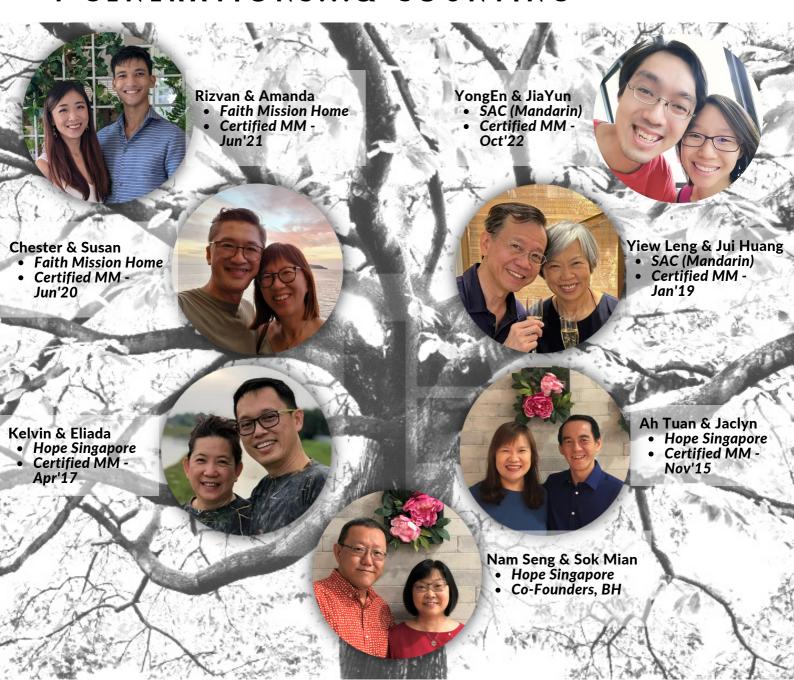
EMPOWER MARRIAGES STRENGTHEN FAMILIES

Our BH MMs believe in **generational impact** - not just in the marriages and families of the couples they mentored, but also helping to **disciple generations of marriage mentors** that can continue with the work. To this end, God has favoured us with **4 generations of MMs** - like a healthy tree with many growing branches!

To this end, we are **building capacity** in 3 areas:

- MM Training (MMT) Trainers so that we can scale our work when God opens the door
- MPC Trainers so that we can complement churches to equip & prepare pre-married couples
- Marriage Matters Facilitators so that cell leaders are equipped to lead & discuss marriage matters

4 GENERATIONS...& COUNTING



BLESSED TO BE A BLESSING

Hear from our BH MMs:

How has serving together as Marriage Mentors helped improve your own marriage?



Ps San Ho & Priscilla Bethel AOG

Priscilla:

The marriage mentoring journey has helped me to appreciate my hubby more. As we journey with the couples, God reminded me that neither of us is perfect and to look to God to perfect us. So long as we keep turning towards one another and allow ourselves to be influenced by our spouse, conflict can be better managed, and love can be rekindled.

Indeed, **Proverbs 11:25** sums up my mentoring journey: "The one who blesses others is abundantly blessed; those who helped others are helped."

Ps San Ho:

It has been a **fruitful journey** mentoring other couples, working and improving their communication skills and empathetic responses. We **reminded them, and ourselves**, at the same time, that simple gestures of holding hands, complimenting each other daily, scheduling date nights regularly, creating shared goals, and eating meals together, among others, are needed to improve spousal relationship.

It is a **blessing to serve with my wife** as marriage mentors, witnessing relationships blossom and marriages strengthen while using the same principles and lessons in our marriage.

Jedd & Karen
Pentecost Methodist



Karen:

The thought of serving as marriage mentors together was unimaginable as we are very different in the way we relate to others.

Working together "forces" us to work as ONE, to learn to complement each other's strength & weakness. We also learnt to listen to each other more and be more patient with each other. As we work with couples, we are also reflecting and constantly looking at areas that we need to work on in our own marriage. Marriage is a lifetime journey, isnt it?:)

Jedd:

While we have been serving together in other capacities, we never needed to **work as ONE** like we do as marriage mentors.

Karen & I are quite the opposite in our thought processes & working style. Thus, it was quite a challenge to accommodate each other's style. There were lots of disagreement in the beginning & our own marriage was affected. We nearly pulled the plug but we are glad we persevered. Working as ONE, we learn to lean upon each other's strengths and forgive each other's weaknesses. It's a learning journey for us just as it is for the couples we walk with.

MARRIAGE TRANSFORMED

Hear from our Mentee-Couple #1:

How has God transformed your marriage through marriage mentoring?



Shaun & Isabel

Shaun:

Isabel and I had **given up all hope** that our marriage would ever get better after 15 years. We were constantly fighting, which made us resentful of one another, and over time, emotionally and physically disconnected. Because of this, I was frequently ashamed of my walk with God.

I was skeptical when I first started marriage mentoring with Bridging Hearts, but it was one of the wisest choices I have made. Through the guidance of our Marriage Mentors, I was able to comprehend the true significance of marriage as God had designed it and I found my genuine self as a husband.

Once thought to be in a hopeless state, our marriage has begun to **bloom again** with hope, love, harmony, respect, and trust. God has transformed what I once saw as a **curse** into a testimony that my wife and I will use to **exalt God and inspire others**. I will always be indebted to my MMs for helping me develop a closer relationship with God, my wife, and other people.

Isabel:

Our marriage journey from Day 1 has mostly been filled with tears, shouting matches, betrayals, bitterness. It was exhausting – both spiritually and mentally. Although we believe God could fix our marriage, we couldn't see how, and though we loved each other, we couldn't stand being around each other.

We went in with open hearts when we signed up for marriage mentoring. But seeing how Shaun looked forward to each session encouraged me and gave me hope - "Maybe God is doing a work in us?". We learned so much from our Marriage Mentors – about dying to self, out-serving, out-loving, and developing oneness. I realized my role as a wife - to respect and honor my husband, regardless of how I may feel.

We now **experience more highs** than ever before. Our marriage, which is centered on Christ, has benefited greatly from having the correct mentors and Biblical-based tools and principles. We now want our marriage to bring glory to God.

MARRIAGE TRANSFORMED

Hear from our Mentee-Couple #2:

How has God transformed your marriage through marriage mentoring?



Jeff & Vinny City Harvest Church

Jeff: God is never early or late but always on time!

We were incredibly blessed by our Marriage Mentors (MMs) from Bridging Hearts. They never hesitate to **impart Godly teachings** into our marriage lives. Through them, **God healed our marriage**, and our relationship is **now flourishing**.

I now understand the importance of having empathy, listening deeply, and understanding the root of my wife's emotional needs in my marriage. I am able to identify our personality differences, resolve conflicts from a different perspective, and to deposit into each other's love-tank intentionally.

I want to pass on how a marriage life should be, according to God's design, to the generations to come.

Vinny:

Just one touch from God and He turns our marriage situation around!

It was that critical moment during the Covid period when I thought my 16 years of marriage was a burden. Then our Marriage Mentors (MMs) from Bridging Hearts, stepped into our lives.

God used our MMs to **prune us** during the mentoring sessions and helped **unfold many underlying issues** in our marriage. I had to relearn that marriage is not about being pleased or served, but rather out-doing each other in being the best version of ourselves.

Today, I am grateful that my marriage is a living testimony of **God's goodness** to me and husband, my children and their children, and the generations to come. Partnership with churches is a primary expansion strategy for BH, because the local church knows and serves the needs of its members and community best. We are grateful to all our 16 Partner-Churches who believe in our purpose and journey with us to train and mobilize their own teams of Marriage Mentors for their members and community.













COVENANTEFC









Assembly of God











Hear from our Partner-Church #1:

How has your partnership with Bridging Hearts impacted your church's Family Life Ministry?



Ps Clement & Iris 3:16 Church

Since 2020, Bridging Hearts has been our key partner in our strategy for preparing couples for marriage, strengthening marriages, and revitalizing marriage in distress.

Their Marriage Mentor Training (MMT) programme has become essential equipping

for our church and ministry leaders who walk with married couples within the church.

Their kingdom heartedness and willingness to provide ongoing support to our marriage mentors and married couples have been an invaluable resource to us and, for which, we are extremely grateful.

SERVING THE CHURCHES

Hear from our Partner-Church #2:

How has your partnership with Bridging Hearts impacted your church's Family Life Ministry?



Ps Jeremy & Annie City Harvest Church

In our prayers on how to restore and build marriages in the church, I am always grateful that the Lord led us to Bridging Hearts. It was not just about the programme but it was always about **godly relationships built** between the mentee-couples and their marriage mentors.

Even though Annie and I were married for about 20 years, there was still so much for us to learn in our own marriage. During our mentoring sessions with our Marriage Mentors (MMs), they were warm, personable & sincere, and this created a safe space and allowed us to open our lives to deal with our communication and intimacy challenges in our own marriage.

I was so glad we introduced Marriage Mentoring/ Prepare & Enrich to City Harvest Church (CHC). We currently have a team of 44 marriage-mentors (and growing!), who continue to mentor and journey with many couples in the church. Thank you, Bridging Hearts, for sowing your time, love and energy into building and restoring marriages. Annie and I have been personally touched & blessed, and so have many others and many more to come.

We have many testimonies of how marriages in CHC have been strengthened, built, transformed and restored in the Lord. This is one of them.

"Due to the past hurts, whenever there are conflicts or disagreements, it was easy to just keep silent, bury under the carpet and just carry on with daily tasks. But this resulted in a distance in our relationship.

Through marriage mentoring, we learnt how to communicate better, be assertive when handling conflict, give space to our spouse, respect each other's opinions and give time and space to our spouse to improve. It certainly isn't easy, but with accountability, we are so grateful for our mentors for standing in the gap, fighting the spiritual battle and praying for us, and spending their precious Saturday(s) to minister and share with us.

Our marriage isn't perfect, but it has certainly improved since we started the marriage mentoring. We experienced a great revelation of the releasing of a tight grip of our past hurts and strongholds and surrendered our hearts ever more towards the Godhead. We have many more hurdles to overcome, and our marriage is still a work in progress, but we learn to live it one day at a time together and with greater accountability and dependency on the Lord."

Anonymous

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SERVING THE COMMUNITY

To serve the community, we adopt a targeted, complementary approach:

- Partner with existing community players who have the ground reach and presence
- Complement by focusing on what BH does best marriage mentoring

Our work with BH's first community partner, Fei Yue Community Services, has yielded promising and positive feedback. We look forward to other possibilities.

Hear from our Community Partner:

How has your partnership with Bridging Hearts benefitted your community?



Arthur Ling
Chief Executive
Fei Yue Community Services

Through our partnership, Bridging Hearts (BH) provides us with skilled and experienced Marriage Mentors to mentor and guide our clients who have completed the Prevention & Relationship Education Programme (PREP) with Fei Yue and wish to voluntarily embark on marriage mentoring. PREP is a marriage and relationship education programme designed to guide couples into maintaining healthily functioning relationships. Our clients are primarily soon-to-wed couples and newly-weds who want to better prepare themselves for marriage.

Started in July 2021, in just a year of collaboration, we have **positively impacted 35 couples or 51%** of all the couples who have completed PREP with us! A couple who has benefitted from the marriage mentoring shared their positive experience.

We are truly appreciative of all the MMs who have provided a meaningful and valuable experience for our clients. We look forward to a lasting collaboration with Bridging Hearts to continue to serve and enrich our clients through their marriage journey.

"I am very glad that I signed Mentoring with my husband as it really helped to provide a safe conducive environment to have open and objective discussions about our concerns and questions had about relationship. It helps that our Marriage Mentors were able to empathize and provide their own experiences as well, and we didn't feel any judgment from them."

Anonymous



"The fruits of our work grow up on other people's trees."

Bob Buford, Founder, Halftime (1939-2018)

This quote summarizes our motivation. While we will never know the full Kingdom impact of our work in the lives of couples and families until eternity, the testimonies captured provide a glimpse of the ripple effect of lives transformed. These stories keep us going.

For the coming year, while we focus our efforts on 3 fronts, we will continue to trust in God's faithfulness and His leading:

Enlarge BH's and Our MMs' Capacity

Deepen Our Existing Partnerships

Develop New Partnerships

Beyond growing the pool of BH MMs, we will also increase the MMs' capacity through: (a) community building - to learn new skills & best practices, and (b) good old fashion, fellowship!

We will work with our existing church-partners to: (a) grow their teams of marriage mentors, and (b) introduce our other marriage-related programmes to their members

We will continue to leverage partnerships to increase our reach and champion marriage mentoring through new partnerchurches, as well as community-partners

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Bridging Hearts is a faith-based, non-profit organization



Empowering Marriages, Strengthening Familie