

# THANK YOU!

...for being part of Bridging Hearts' faith journey to empower marriages and strengthen families!

We are delighted to share with you Bridging Hearts' **Stewardship Report 2022/23 – "His Grace Abounds"**

We are grateful that over the last 12 months, God has blessed BH with 6 new couples who volunteer with BH as marriage mentors, 6 new partner-churches, and the privilege of raising an additional 90 Marriage Mentors that the churches can mobilize to support their members. 24 pre-married couples also graduated from our MPC programme.

BH is a non-profit organization. As an operational principle, BH ensures that cost is not a barrier.

- For Churches, BH heavily subsidizes the training of Marriage Mentors by **85%**
- For couples, marriage mentoring services are **FREE**

To this end, we continue to count on generous donors to help fund our operations. Your giving is hence much appreciated!



UEN # : 202028496N



**Nam Seng & Sok Mian**  
Founders, BH

**To God be the Glory!**



Empowering Marriages. Strengthening Families



**James & Katherine**  
Founders, BH



# HIS **GRACE** ABOUNDS

---

**STEWARDSHIP**  
REPORT 2022/2023



Empowering Marriages, Strengthening Families

# YEAR IN REVIEW

## FOUNDERS' THANKSGIVING

We are delighted to share Bridging Hearts' Stewardship Report "**His Grace Abounds**" for FY22-23.

In keeping with our vision to **empower marriages and strengthen families**, Bridging Hearts continue to partner and work alongside churches and the communities to:

- Train and raise Marriage Mentors in the faith community,
- Run Marriage Preparation and Enrichment Workshops, and
- Mentor couples in their relationships and marriages.

We have also seen a big jump in the number of referrals from the community, seeking help for their marriages.

We are continuously awed by how God has been our **Connector**, linking us to the different churches, communities, as well as couples, through His divine appointment and in His perfect timing.

All the work that Bridging Hearts is doing would not have been possible without His Amazing Grace in raising a **team of like-minded, passionate, and dedicated couples** who volunteer with Bridging Hearts as Marriage Mentors (**BH MMs**).

These BH MMs sacrificially share of their time, love, energy, and stories and humbly partner God to use their own marriage as a platform to bless other marriages.

We look forward to another exciting year ahead, anticipating more of His grace, favor and guidance, as we **hold on to our plans loosely and hold on to Him tightly!**



**James & Katherine**  
Trinity CC

**Nam Seng & Sok Mian**  
Hope Singapore

**To God be the Glory!**

## KEY METRICS & FINANCIALS

Number of Bridging Hearts' MM Couples

**32** +**23%** YOY

Number of Marriage-Mentor Couples Trained

**310** +**41%** YOY

Number of Partner-Churches

**22** +**38%** YOY

Number of Couples Mentored

**>1500**

\*YOY = Year-on-Year

Income (SGD '000)

- 53% Donations
- 47% Programme fees

71.4

Expenses (SGD '000)

- 68% Prog costs
- 20% Admin
- 2% Others

(41.0)

Surplus (SGD '000)

30.3

\*Pre-audited

## OUR PARTNER CHURCHES

**Partnership** with churches is a primary expansion strategy for BH. We believe the local church **knows the needs** of its members and community best and hence **best** able to serve them. We are grateful to all our **22 Partner-Churches** who believe in our purpose and journey with us to train and mobilize their **own dedicated teams of Marriage Mentors** to support the marriages of their members and community.



## MARRIAGE MENTORS TRAINING (MMT)

MMT is a **core programme** for BH. Marriage Mentoring is essentially **discipleship**, applied in the context of a marriage and family. We believe it is the most effective way to help: (a) a young couple build a strong foundation before marriage, (b) grow a marriage from good to great, and (c) “repair” a struggling marriage.

The Marriage Mentoring Training (MMT) course makes me aware of the various issues faced in marriages and how to address them. **All couples should enroll in this course.**

The Prepare/Enrich reports are very insightful. And when we work and serve together as a couple, it will certainly **benefit and bring about better couple relationships!**

I am very grateful for the light-hearted sessions. The facilitators have successfully make the course very enjoyable and fulfilling!

We have a burden to help young married couples build a strong foundation for their marriage. But in the past, we never knew whether what we did was helpful to the couples.

The Marriage Mentoring Training (MMT) has **equipped us to help couples.** The course coverage is in-depth and well executed for us to understand the principles and skills through role play and discussions. It has also **greatly enriched our own marriage.**

After MMT, we are now **more confident** and know how we can help couples more effectively with evidence-based assessment tools.



**Tan Jiann Siang & Tang Hui Huang**  
St Andrew's Cathedral



**Seah Eng Wee & Joyce Tham**  
City Harvest Church

## MARRIAGE PREPARATION COURSE (MPC)

Bridging Hearts' MPC was conceived to **complement and support** churches - so that pre-married couples have an added avenue to complete their MPC before marriage. To date, **57 couples** have completed their MPC through Bridging Hearts.

The MPC was **very well structured** and created a **safe space** - both during and outside of the sessions - for us to discuss questions we don't really think of but are critical to know about each other (e.g. money, sex, etc). The facilitators were **frank and clear** in their sharing,

The mentoring sessions were especially useful as it raised topics for self-reflection & discussion that we might have taken for granted.

Overall, this was a useful course to go through before marriage, and we feel much **more equipped & supported** with it!

From the MPC class, we learned about the **4 key pillars** to start building in our marriage. We were led to have conversations that we never have before.

The facilitators shared their experiences and it was **insightful** for us to hear their reflections and learn from them.

The mentoring sessions we had with our Marriage Mentors were open. They created a safe place for us to share and we appreciate the **honest conversations** we have with them.

Thank you for the impartation and investing in us!



**Job Lee & Natalie Soh**  
The Crossing Church



**Nathaniel Tan & Mindy Zhong**  
Woodlands EFC

# MARRIAGE ENRICHMENT WORKSHOPS

**Marriage Enrichment Workshop** is a new programme for Bridging Hearts to support our Partner-Churches and bless many couples in a 1 or 2-day format. It is also a good **platform to raise awareness** of Bridging Hearts, and about marriage mentoring. In this FY, we are grateful for the opportunity to run 3 MEWs for: Risen Christian Assembly (14 Mar'23), Woodlands EFC (17-19 Mar'23), and Bethel AOG (12 Aug'23)

Although it was 1-day programme, the couples feedbacked that they have learnt so much **knowledge and practical tips** to build up their marriage. They have reviewed the lessons and **put them into practice immediately**.

Overall, the workshop was **insightful, enriching, fun** and most of all, **God was there to minister to each couple**, bringing

relevance of the teaching to their unique situations.

We deeply appreciate your time and excellent effort to minister to us and we look forward to another opportunity to work together again.

*Pastor Sabrina Chow  
Senior Pastor, Risen Christian Assembly*



**Risen Christian Assembly  
Marriage Enrichment Workshop  
14 Mar 2023**



**And those who are peacemakers will plant seeds of peace and reap a harvest of righteousness.**

*James 3:18 (NLT)*

Jesus was a peacemaker. He called all peacemakers blessed (Matt 5:9). At Bridging Hearts, we empower our Marriage Mentors to teach, advocate and empower their mentee-couples to be peacemakers in their marital relationships - so that they “will plant seeds of peace and reap a harvest of righteousness”.

For the coming year, while we will direct our efforts on 3 fronts, we continue to trust God to lead, guide and provide:

**1**

**Enlarge BH's and BH MMs Capacity**

- Grow the pool of BH MMs - so that we can scale
- Deepen the competency of BH MMs

**2**

**Deepen Our Partnerships with Existing Partner-Churches**

- Help enlarge their teams of marriage mentors,
- Introduce other BH's marriage-and family-related programmes

**3**

**Develop New Partnerships with:**

- Churches - to help train a team of MMs to support their members
- Community Partners - to increase our reach

**Bridging Hearts Limited**

W - [www.bridginghearts.com.sg](http://www.bridginghearts.com.sg)

E - [bridginghearts.co@gmail.com](mailto:bridginghearts.co@gmail.com)

M - 9785-8467

*Bridging Hearts is a faith-based, non-profit organization*



Empowering Marriages, Strengthening Families